CLAIMS

- 1. A method for transferring nucleic acid into nerve cells, comprising a step of contacting the nerve cells with a negative-sense RNA viral vector or cells comprising said vector.
 - 2. A method of claim 1, wherein said nerve cells are the central nervous system cells.
- 3. A method of claim 2, wherein said central nervous system cells are ventricular ependymal cells.

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- 4. A method of claim 2, wherein said central nervous system cells are hippocampus cells.
- 5. A method of any one of claims 1 to 4, wherein nucleic acid contained in the negativesense RNA viral vector comprises a foreign gene.
 - 6. A method of claim 5, further comprising allowing to transiently express said foreign gene.
 - 7. A method of claim 5, wherein said foreign gene encodes a secretory protein.
 - 8. A method of claim 7, wherein said protein acts on the hypothalamic nuclei.
- 9. A method of claim 7, wherein said protein is capable of protecting the brain from ischemia.
 - 10. A method of claim 5, wherein said foreign gene is selected from the group consisting of FGF-1, FGF-5, NGF, CNTF, BDNF, GDNF, p35, CrmA, ILP, bc1-2 and ORF 150.
 - 11. A method for controlling the feeding behavior of animals, the method comprising administering a negative-sense RNA viral vector comprising FGF-1 or FGF-5 as a foreign gene to animals.
 - 12. A method for controlling the blood sugar level of animals, the method comprising administering a negative-sense RNA viral vector comprising FGF-1 or FGF-5 as a foreign gene to animals.
 - 13. A method of any one of claims 1 to 12, wherein said negative-sense RNA virus belongs to the Paramyxoviridae family.
 - 14. A method of claim 13 wherein said virus belonging to the Paramyxoviridae family is Sendai virus.
- 15. A negative-sense RNA viral vector used for transferring nucleic acid into nerve cells by30 the method of any one of claims 1 to 14.